

School Nursing

About the service

The School Nursing team supports children and young people aged 5-18 and their families across Bradford district. We work closely with schools as well as paediatricians, GPs and health and social care professionals.

The team has knowledge and skills in many areas including nutrition, healthy lifestyles, emotional and mental health. We provide a range of support, for example when children or young people have anxiety or concerns around their own health, or if concerns are raised in assessments. We can also refer to other services.

Where needed and in agreement with a child or young person and their parents or carers (depending on their age), we can make a plan of care which may include school, signposting to information for you or completing a referral.

FOR PARENTS

Please visit the [School Nursing](#) section on the [Family Health services website](#) for a wide range of helpful information and advice to support you in caring for your school age children and young people. Topics include looking after your child at home; school readiness; nutrition and lifestyle; puberty, gender identity, young women and men's health; bullying and safety (on and offline); physical, mental, emotional and sexual health and many more.

FOR PUPILS

The school nurse runs a drop in service. If you would like to speak to a school nurse about any aspect of your health you can do so.

These are run once a month and are a self referral drop in clinic. They are currently held in meeting room 3 that is easily accessible by all pupil.

There are posters around school that advertise the clinics and the dates that they will be in school.

Areas that are covered include the following, but they may be able to assist in other areas too.

- Nutrition and diet
- Physical Health
- Emotional / Mental Health
- Drugs, alcohol and smoking issues and concerns
- Immunisations



AMBITION



RESILIENCE



COURTESY



KINDNESS

