

Early Help, Family Hubs and Parenting Courses

Early Help is the support provided for children, young people and their families to respond when difficulties emerge or to stop problems developing in the future. This support can be provided at any point in a child's life to stop small problems getting bigger.

Early Help support is a partnership approach. All agencies that work with children, young people and families are responsible for listening to your concerns and worries. They will work closely with you to make sure that you and your family get the right support at the right time.

Why would I want Early Help?

- You are worried about your or your child or family member's health, development, behaviour or how things are going at school
- You are worried about money or housing and how it is affecting your family
- You or your child or family is affected by domestic abuse, drugs, alcohol or crime
- You have had bereavement in the family that has made life challenging
- You are caring for a disabled child or you are a young person caring for other people

What services do Family Hubs offer?

Bradford Family Hubs are designed to bring lots of services together, to work with families from conception, through childhood into young people. Family hubs aim to make a positive difference for families by offering a wide range of services close to where you live.

Below is a list of services you can access right now:

- access to midwife clinics, health visitors, breastfeeding support and school nurses
- parenting support from birth to 18 or up to 24 with a disability
- activities for children under five
- activities and support for young people with targeted youth support
- accessing early education and free childcare
- health advice for you and your family
- family key worker support which may be offered within the home
- other specialist support
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The closest Family Hub to BBEC is at **Reevy Hill Family Hub, Bedale Drive, Bradford, BD6 3ST**

Information on their opening times and support available can be found at:

[South Family Hub | Bradford Families and Young Persons](#)

Parenting courses

In the Bradford District, there is a fantastic offer of FREE support, online and in person, and available to everyone. Support ranges from pregnancy through to life with babies, toddlers, older children, and for teens and beyond!

The aim is to support parents and carers to develop the knowledge, confidence and skills to build a strong, happy, thriving family life. All parents have questions and worries. You can get support and answers here through:

- online courses that you can access 'on demand', day or night, pause and come back to whenever suits you.
- groups that you can attend 'live' with other people or families, delivered both online and in person, and at times that suit you.

There is no limit to accessing the free support available. You can choose what feels right for you and your family.

For more information please visit: [Parenting programme pathway | Bradford Families and Young Persons](#)

Accessing Early Help through school

We encourage parents to contact school to discuss their concerns. Information will then be passed to the most relevant person to establish if an Early Help Assessment is required.



AMBITION



RESILIENCE



COURTESY



KINDNESS



Bradford South area Family Hub

Reevy Hill Family Hub

Bedale Drive, BD6 3ST

TFD Community Centre

Broadstone Way, BD4 9BU

We also deliver services at:

Holme Wood Children's Centre

Haslemere Close, Holme Wood, BD4 9EB

Woodside Children's Centre

Fenwick Drive, BD6 2PG

Wyke Community Centre

Huddersfield Road, Wyke, BD12 8AA

Great Horton Community Hub

69 Beldon Rd, Bradford BD7 3PE



For more information on where we are and what we do, scan the QR code or visit fyi.bradford.gov.uk

Get in touch



Call us on 01274 434940 (open Mon-Thur 8.30am-5pm, 8.30am-4.30pm Fri)



Visit us at fb.com/BradfordSouthFamilyHub



Email us: Familyhubsouth@bradfordcft.org.uk



Parenting programmes

We have a range of fantastic parenting programmes delivered at various times. You'll meet others in a similar situation in an informal and supportive atmosphere. You don't need a referral from another service, you can simply apply yourself on fyi.bradford.gov.uk or call us.

NEW: Support for parents, carers, teens and adults - free online courses that you can access 'on demand', day or night, pause and come back to whenever suits you.

Digital drop in every day @ Reevy Hill!

Do you need data, access to a laptop, or help to get online? Maybe you need to study, apply for a job, a school place or look for housing?

At Reevy Hill and TFD Family Hubs, you can access free wi-fi, use our computers and quiet space, headphones and printing facilities. We can also give you support with getting online if you need it. Give us a call, a message on social media or send us an email for more information.

FREE SIM cards

We can now provide 6 months of data to families through a FREE SIM card. For more information please contact us or pop in to Reevy Hill or TFD and see one of our lovely Family Navigators!



Some of our recent events

School Nurse Team – Drop In or call 01274 221203

Health visitor clinics – speak to your health visitor or call 01274 221223 to book.

Jump Aboard educational psychologist team - Free appointment on topics such as Autism, ADHD, speech and language needs, learning difficulties, social emotional and sensory needs, signposting and info on SEND processes. To book an appointment please call 01274 434940.

Coffee mornings - Free coffee morning with surplus food available. Support available around return to work, finance, mental health, housing and much more.

Baby Circles - grab a cuppa, connect with other pregnant women, seek wider support all whilst relaxing and enjoying a wide range of wellbeing and self-care activities.

Baby feeding support sessions - run every week by friendly experienced baby feeding support workers. Any questions or concerns can be supported as well as every day feeding support. Breast pumps are available to borrow if you have seen a practitioner and there is a need identified. Please do just drop in, no booking needed.

Play and learn - for children 0-5. No need to book, come play along with your children and make new friends.

Community drop-in - family navigators available to support you with all things family hub and signpost you to services to support your family, from cost of living to SEND services.

TFD open access support - via TFD library - free Wi-Fi, phone charging, access to computers, printing, support for digital access, support from family navigators, community connect support, emergency food parcels, tea and coffee.

Sensory Space Sessions - Our new sensory space is now open for families to book. It's a wonderful space with light/sound and textures for children and babies to explore. If you would like to book a slot please contact the family hub.

St Vincent's Advice - to book an appointment please call St Vincent's directly on 01274 731909

C-card scheme - supporting Young People aged 13 to 24 to access FREE contraception, information and advice. Drop in to the hubs to sign up to the scheme and access in a safe and confidential space.

Warm space session - All welcome to keep warm, play games, enjoy crafts and free tea, coffee and soup.

Maternity smoking cessation appointments - the team from Bradford Teaching Hospitals would like to provide appointments for pregnant smokers to support them to stop smoking in pregnancy and validate smoke free status to enable them to access the incentive scheme, which means they can get up to £400 Love2Shop vouchers for stopping smoking in pregnancy. Call us to book a session.